



**Important Notes from
the presentation by**

Micah Fialka Feldman

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Web Sites and other resources about Micah

www.throughthesamedoor.com is Micah's website with lots of information. Watch or purchase the award winning DVD, *Through the Same Door: Inclusion Includes College*. Learn about Micah's victory to live on campus. See video clips of his friends defending his right to live in the dorm. See Micah's schedule of his speaking engagements.

Throughthesamedoor.blogspot.com – Micah's blog

Go to youtube: Search for: Micah Fialka-Feldman and Oakland University. Hear what the OU students said about Micah's dream and his right to live in the dorm.

Micah's story is featured in the following books, *Think College: Postsecondary Education Options for Students with Intellectual Disabilities* by Meg Grigal and Debra Hart (Brookes Publishing); *Widening the Circle: The Power of Inclusive Classrooms* by Mara Sapon Shevin (Beacon Press); and *Inclusive Teaching* by J. Michael Peterson & Mishael M. Hittie (Pearson) .

www.danceofpartnership.com Read and download articles about and by Micah.

Some of the great websites I mentioned in my presentation

www.fvkasa.org Kids as Self Advocates (KASA) – National grassroots project created by youth with disabilities for youth.

www.nyl.n.org National Youth Leadership Network – The National Voice for Young Leaders with Disabilities.

www.thenthdegree.com The Nth Degree: A catalog by Dan Wilkins of great articles, buttons, t-shirts, posters, etc. and the quote: "A community that excludes even one of its members is not a community at all."

www.mylf.org: Michigan Youth Leadership Forum - A leadership training program for high school junior and seniors with disabilities

<http://www.normemma.com> Norman Kunc's site with great articles, the DVD, *Credo for Support* and my mom's poem "Puddles to PRIDE."

Great websites on college, universities or post secondary education (PSE) for students with Intellectual Disabilities (ID)

www.thinkcollege.net – The best place to learn about colleges

www.transitiontocollege.net

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Other great websites (not a complete list....)

www.copower.org is a great source of information about issues of importance in Michigan's Disability Community.

www.disabilityhistory.org/index.html is a community resource history project that provides information about famous activists in the disability movement, disability history timeline, and related information

www.inclusion.com has resources, materials, books, and workshops on inclusion, Circle of Friends, MAPs, PATHS, and other related information.

Some of my favorite quotes

- *Nothing about me without me!*
- *A community that excludes even one of its members is not a community at all.*
-Dan Wilkins
- *If you are tired, keep going. If you are hungry, keep going. If you want a taste of freedom, keep going.*
-Harriet Tubman

I am learning . . .

- not to be afraid to ask for help. Asking is a good thing and builds community.
- my friends can help me and want to help me.
- there are always people who want to rally behind a good cause about justice. Ask them to get involved.
- a good way to spread the word about an important cause is by talking to lots of people, having forums, speaking up at Board meetings, talking to administrators, and contacting the media. Don't be afraid. You have an important message.
- people will listen but I have to say it out loud or write about it.
- to keep fighting--- no matter what blocks my road.
- how to talk to people who might not agree with me. I know it is important to listen and talk about what I believe.
- sometimes things will not go the way I want, but I still have to stand strong.
- change doesn't happen over night.
- my disability is a part of who I am.
- it is important to know disability history & culture.
- I am disabled and proud.
- technology and computers are very important ways for me to communicate and learn. (I use the program Dragon Naturally Speaking).
- I need to have dreams and find ways to achieve my dreams.
- it is a good idea to think "outside the box."

My first day in my dorm room



I hope to hear from you.

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